

YOUR LOCAL UPDATE TENDRING DISTRICT

February 2026 – Issue 68



ESSEX POLICE

Protecting and serving Essex



Monthly Message from the Tendring District Commander, Stuart Austin

Hello and welcome to the February 2026 edition of Your Local Update for Tendring Policing.

I hope you enjoy this month's update. It brings together the work our teams have been delivering right across the district, from tackling antisocial behaviour and reducing speeding and motoring offences, through to targeting shoplifting and disrupting drug supply with proactive warrants. There is a lot going on, and even more happening behind the scenes, all with the same aim of keeping Tendring safe.

This month also marks a change in leadership within our Neighbourhood Policing Team. Inspector Aaron Homatopoulos, who has led the NPT for a number of years, has now left us following his promotion. Many of you will know Aaron, and I want to place on record my sincere thanks for his considerable hard work across the district and for the support he has given me personally over the past year. His commitment to neighbourhood policing and to our communities has made a real difference, and he leaves Tendring in a strong position.

Aaron will be succeeded by Inspector Grant Fryatt, who takes up his post on 1 March. Grant brings with him over 20 years of policing experience and previously served in Tendring between 2006 and 2011, so this is very much a return to familiar territory. I look forward to welcoming him to the district, and we will introduce him properly in next month's update.

With warmer weather hopefully on the way, more people will soon be visiting our beautiful part of the world. Against that backdrop, it is particularly positive to see crime across the district continuing to reduce. Over the past 12 months, crime in Tendring has fallen by 4.2 percent. That is not just a statistic. It represents 547 fewer victims of crime in our communities. Fewer people harmed, fewer homes affected, and fewer families dealing with the consequences of criminal behaviour. This reduction reflects consistent neighbourhood policing, targeted enforcement against repeat offenders, and close working with our partners to prevent problems before they escalate.

Our latest confidence survey also places Tendring as the district in Essex where the highest proportion of residents believe the police are doing a good or excellent job, with 79 percent of you telling us exactly that. Thank you. That level of confidence really matters to our officers and staff, and it helps us focus on what we are doing well while being honest about where we need to improve. There is always more to do, both through strong partnership working and by continuing to pursue those who cause the most harm in our communities.

My ask this month is a simple one. Please take a few minutes to read on, share this update with others, and keep talking to us about what matters most where you live and work.

Your information, your feedback, and your support help us put our time and effort where it makes the biggest difference

Chief Inspector Stuart Austin
District Commander Tendring



Provisional Driver Reported After Stop at Horsley Cross

On Thursday 29 January, officers from the Rural Engagement Team stopped a vehicle at Horsley Cross, en route to Manningtree.

Checks quickly revealed that the driver only held a provisional licence, had no valid insurance as he was unsupervised, and was using the vehicle to travel to work.

The vehicle was seized and the driver has been reported.



Weekend Patrols in Holland-on-Sea Garden Areas

Officers carried out targeted patrols across the Albany, Connaught and Lancaster garden areas of Clacton following reports from residents regarding antisocial and suspicious activity.

Information received indicated that young people had been inhaling nitrous oxide (laughing gas) within the gardens. We also received concerns about vehicles parking in nearby roads, believed to be linked to drug dealing and drug use.

High-visibility patrols were conducted throughout the weekend to reassure the community, deter antisocial behaviour and gather intelligence. All information obtained has been documented and will support ongoing problem-solving work in the area.

We continue to encourage residents to report any further suspicious or concerning activity so that we can respond promptly and effectively.



[Report a crime](#) | [Essex Police](#)

Proactive Work Leads to Several Bikes Seized Across Clacton

Across Sunday 1 February and Monday 2 February, officers from local policing teams in Clacton recovered several bikes following reports from vigilant members of the public.

On Sunday 1 February, officers seized a motorbike after it was reported abandoned by a member of the public. The previous day, the same bike had failed to stop for officers while being ridden two-up, without a registration plate, by two males wearing balaclavas. Following the report, officers from the Clacton Town Team located the vehicle, which has now been seized under Section 165 of the Road Traffic Act. Enquiries are ongoing to establish the identity of both the vehicle and those involved.

On Monday 2 February, officers from the Clacton Neighbourhood Policing Team received a call from a concerned resident about a suspicious bike left in their neighbourhood. Upon the PCSO's arrival, two bikes were located and recovered. Thanks to the resident's quick call and the team's swift response, these bikes have been safely removed from the streets while enquiries continue.

These incidents highlight the value of community reports. If you see something that doesn't look right, please continue to get in touch. Your information helps us keep our communities safe.



Great Result by Local PCSOs in Clacton

While travelling along Old Road, Clacton, PCSOs spotted a male wanted for eight theft offences. After he briefly disappeared from view, officers searched the area and found him hiding behind a car on a driveway, along with several unopened energy drinks and Premier League sticker packs.

He was detained and arrested at the scene, and the items were seized. Enquiries are ongoing to establish the origin of the property.

A strong, proactive piece of work from our local PCSOs helping to keep the community safe.



Rural Engagement Officers on Patrol in Tendring

Over the weekend, our Rural Engagement Officers have been out across the district carrying out high visibility patrols through Thorrington, Jaywick, Clacton, Holland, Thorpe le Soken, Kirby Cross, Frinton, Walton, and Weeley.

Throughout their patrols, several vehicles were stopped to ensure they were safe and compliant.

Officers stopped a vehicle in Frinton involving a car with no rear number plate. After checks were completed, the vehicle was found to be all in order, the plate had simply fallen off and was already due to be repaired.

These regular patrols help us stay connected with our communities, offering reassurance and ensuring our roads remain safe for everyone.



Tendring Officers Support Royal Visit to Dedham

Our officers and staff were hugely proud to join the community in safely welcoming Their Majesties King Charles III and Queen Camilla to Dedham. Officers from across the force — including teams from Tendring, local policing, and specialist commands — formed part of the policing operation on Thursday 5 February.

Crowds gathered along the streets were joined by our officers and local dignitaries, including Chief Constable Ben-Julian Harrington, to greet The King and Queen Consort as they visited and celebrated some of Dedham's local businesses.

The event was a significant policing operation and was delivered smoothly, with no arrests made throughout the day. The atmosphere remained positive despite the weather, thanks to the strong turnout from the local community.

Chief Constable Ben-Julian Harrington said:

“This was a hugely proud day, not just for Essex Police, but for all the people in Dedham and our county.

“It has been a great honour to welcome the King and Queen Consort to Essex.

“It has been a major partnership effort to make the day such an enjoyable success, and we would like to thank our partners at Colchester City Council and Dedham Parish Council.



“Most importantly, we'd like to thank all those who braved the rain and turned out to be a part of the celebrations.”

The visit highlighted the excellent teamwork between our officers, partner agencies, and the local community — ensuring a safe, memorable day for everyone involved.

A Truly Inspiring Visitor at Colemand Court!

On Tuesday 10 February, residents at Colemand Court in Clacton were delighted to welcome retired Essex Police Dog Baloo and her handler Mandy for a very special visit arranged by our local PCSOs.

Baloo is a courageous Belgian Malinois with an extraordinary story.

During her service with Essex Police, Baloo was seriously injured in October 2018 while helping officers detain a suspected criminal. She was struck by a car, suffering severe injuries that led to metal plates being fitted to both sides of her pelvis, and the amputation of her front leg.

Although her injuries ended her active police career, Baloo has continued to inspire everyone she meets with her resilience, gentle nature, and determination.



Her visit brought smiles, comfort, and lots of tail wags — a wonderful moment for everyone involved.

A huge thank you to Mandy for sharing Baloo's journey, and to our PCSOs for arranging such a meaningful experience for the residents.

Swift Action by PCSOs Removes Scooter from the Streets

On Tuesday 10 February, while out on patrol in Clacton, our PCSOs were alerted to an abandoned scooter hidden in a car park.

It's believed the scooter had been ridden around the local area by a group of youths. Thanks to the community reporting it, it has now been seized and taken safely off the streets.

By working together, we can help keep Tendring safer for everyone.



Community Engagement and Road Safety in Great Bentley

On Friday 13 February, officers conducted community engagement alongside casualty reduction work in Great Bentley.

During a 30-minute period at Thorrington Road by the Green, six drivers were recorded exceeding the speed limit.

A further 30-minute check at Plough Road, Aingers Green, identified four additional speeding drivers. The highest speed recorded was 43mph in a 30mph zone.

Several residents stopped to discuss local road safety concerns, and we received positive engagement from passing motorists.

Working closely with our communities remains key to improving road safety and keeping our roads safe for everyone.



Community Engagement & Speed Checks in Alresford

On Sunday 22 February, the Alresford Police community support officer spent time engaging with residents, including meeting with the Friends of the Station volunteer clean up group.



During the patrol, speed checks were completed across the village. A total of 13 motorists were recorded exceeding the speed limit, with the highest speed recorded at 38mph.

This activity forms part of ongoing work to support community safety and maintain safe driving standards in the area.

Arrests Made Following Cannabis Cultivation Discovery in Brightlingsea

Two people have been arrested as part of an ongoing investigation into the cultivation and supply of cannabis in Brightlingsea. This action forms part of the ongoing proactive work undertaken by the Tendring Neighbourhood Policing Team to identify and disrupt illegal drug activity across the district.

On Thursday 19 February, officers executed a warrant at a residential property in Church Road, Brightlingsea. The warrant was carried out following intelligence received from the local community, which indicated that the premises may have been linked to drug production.



Upon gaining entry, officers uncovered an extensive cannabis grow within the property. Almost 50 cannabis plants were found being cultivated in multiple areas of the house, with an estimated value of at least £25,000 once processed and distributed. Officers also discovered that electricity had been illegally bypassed into the property to sustain the growing operation, creating a significant fire risk to neighbouring homes as well as those inside the address.

All plants and associated equipment have been seized as part of the investigation.

A 67-year-old man and a 61-year-old woman were arrested on suspicion of cultivating cannabis, being concerned in the supply of a controlled drug, and abstracting electricity. Both individuals have since been released under investigation while further enquiries and forensic work continue.

Sergeant Wendy Crowson, of the Tendring Neighbourhood Policing Team, said:

“The supply of any illicit drug is not a harmless crime, and we will work determinedly to tackle it. Drug production often brings with it exploitation, safety risks and wider criminality that can significantly impact local communities. Our neighbourhood officers are committed to responding robustly wherever such activity is identified.

We are grateful for the information shared with us by the public. Community intelligence is a vital tool, and we can only act on what we know. When residents come forward with concerns, we will always assess that information and take appropriate action where necessary.”

This operation reflects the continued partnership between Essex Police and the community to reduce harm, disrupt criminal networks, and keep neighbourhoods safe.

If you have any information regarding drug supply in the Tendring community, please report it so we can take appropriate action. You can submit a report online at <https://www.essex.police.uk> or use the 'Live Chat' feature to speak with an operator between 7am and 11pm. You can also call 101.

Alternatively, you can contact the independent charity Crimestoppers anonymously by calling 0800 555 111 or visiting <https://crimestoppers-uk.org/>

Crimestoppers.
0800 555 111
100% anonymous. Always.

Essex Police Marine Unit

While aboard our police boat Toby Speller, officers from our Marine Unit carried out patrols along the River Stour.

Our Marine Unit officers have specialist training, specialist equipment and strong local knowledge. They work closely with marine communities to help keep everyone safe.

During the patrol, the team checked the moorings at Wrabness and spoke with people on a yacht heading upriver to make sure everything was okay, before arriving at Mistley Quay.

Marine Unit Sergeant Alex Southgate explained why maintaining good relationships with marine communities is so important. They know what normal activity looks like – and can quickly spot when something doesn't seem right:

“The Stour is one of our more isolated rivers. We occasionally receive reports of suspicious behaviour at night in this area, so we encourage anyone who sees something that doesn't look right to call us straight away.

“By working together, we can help keep everyone safe and catch those who try to use our rivers to commit crime.”

For more information about our Marine Unit, and how to contact them when it isn't an emergency visit:

<https://www.essex.police.uk/police-forces/essex-police/areas/essex-police/au/about-us/marine-unit>

<https://www.essex.police.uk/police-forces/essex-police/areas/essex-police/au/about-us/marine-unit/contact-the-marine-unit/>



Tendring's Fraud Prevention Coordinator

Tammy is our Fraud Prevention Coordinator for the Tendring District and regularly visits community and support groups in the Tendring area, talking about fraud and scam prevention. If you know a group that you feel would benefit from a visit, please email Tammy at:

42079913@essex.police.uk

Tammy's top scam alert this month!



Chilling new wave of AI-assisted fraud targets older people and clones their voices

Criminals are using AI technology to clone people's voices and set up unauthorised direct debits over the phone, according to new evidence from National Trading Standards. The advanced voice cloning is part of an organised criminal operation that harvests people's personal data to target victims with a wave of scam and nuisance calls.

The process begins with a so-called 'lifestyle survey' phone call – seemingly harmless, but in fact designed to gather detailed personal, health and financial information. The criminals use this data to develop AI-generated voice clones used to simulate consent for direct debits, deceiving even legitimate businesses and financial providers. These details appear then to be passed or sold to other criminal operations who, with the details, can easily circumvent the banks and set up payments without the victim's knowledge. Victims often do not realise payments are being taken.

The details are revealed as new data, released today by National Trading Standards, show that:

- On average, UK adults receive 7 scam calls or texts per month
- 1 in 5 (21%) receive scam calls or texts most days – and almost 1 in 10 (9%) receive them every day
- NTS blocked nearly 21 million scam phone calls and shut down 2,000 numbers in a six-month period.

FAKE OR REAL? KNOW THE DEAL

Deepfakes may be fake, but their effects are not.

ESSEX POLICE
Protecting and serving Essex

PARTNERING WITH E E

<https://eephonesmart.co.uk/online-safety-tips/understanding-deepfake-dangers/>

Fraud and Scam Prevention Visit to Holland on Sea Men's Club

On Thursday 29 January, Tammy, our Fraud and Scam Prevention Officer, attended the Holland on Sea Public Halls to speak with the Holland on Sea Men's Club.

She delivered an informative and engaging session on fraud awareness and how to keep our community safe. The group was lively, interactive, and keen to learn.

A positive visit with great engagement from everyone who attended.

If you know a group that you feel would benefit from a visit, please email Tammy at: 42079913@essex.police.uk



Scam & Rogue Trader Awareness Event

On Wednesday 11 February, Tammy, Essex Police Fraud Prevention Coordinator for Tendring, teamed up with Paul from Suffolk Trading Standards for a Scam and Rogue Trader awareness event at Manningtree Library.

Together, they sparked great conversations with residents, answered a range of insightful questions, and received a warm welcome from the local community.



Tendring Police Independent Advisory Group (IAG)

A message from the Tendring's IAG Chair..... My name is (Onche) Godwin Daudu, I am a programme Lead for African Families in the UK (AFiUK) CIC. I have been involved with the Independent Advisory Group IAG for over 4 years now and I am extremely proud to be the chair of the Tendring branch.



I trust that you and your families are well, and that the strong spirit of neighbourliness in our community continues to thrive. It is always encouraging to see residents looking out for one another, as this collective care remains the foundation of a safe and supportive district.

I am delighted to share some positive news. Aaron Homatopoulos has recently been promoted (to Chief Inspector) in recognition of his exceptional hard work and steadfast dedication to our district. His commitment and professionalism have made a meaningful impact, and it has been a genuine pleasure to work alongside him within the IAG. We extend our sincere appreciation and wish him every success in his new role.

We are also pleased to welcome Inspector Grant Fryatt to the District Commander's team. I very much look forward to meeting him at our next IAG meeting and to working together to continue strengthening our community partnerships. It is particularly rewarding to report that overall crime across the district has reduced significantly, with 547 fewer recorded offences. In addition, during the Quarter 3 confidence survey, Tendring District ranked highest in the county across all measures of public perception. This achievement reflects the dedication and tireless efforts of Chief Inspector Stuart Austin and his team. We congratulate them for their continued commitment to keeping our communities safe.

Within the IAG, we are currently seeking to expand our membership—particularly among young people, who represent approximately 24% of Tendring's population. Their perspectives are invaluable, and we are eager to ensure their voices are heard and represented within the group. If you are interested in joining, details on how to become involved are provided below. We warmly encourage you to take part.

Thank you for your time and for taking the opportunity to read these updates.

"When a community stands together with purpose and pride, there is no limit to what it can achieve."

Stay well, and take care.

Godwin Daudu

For information about the IAG and to apply, visit: [Independent advisory groups | Essex Police](#)



Community Lets Talk Events

The Tendring Community Let's Talk meets during February/March 2026 Please come along if you have a questions about crime in the area or wish to make us aware of issues affecting the community.

All Welcome, no appointment needed! Please also see the dates & locations advertised on the Essex Police website under 'Your Area'

[Your area](#) | [Essex Police](#)



Thursday 26 February 10am to 11am

Asda Supermarket, Bull Hill Road, Clacton on Sea, CO15 4AU.

Friday 27 February 10am to 11am

Poundland, 43-45 Pier Ave, Clacton on Sea, CO15 1QE.

Saturday 28 February 2pm to 3pm

Costa Coffee, Waterglade Retail Park, Next, Unit 3, Old Road, Clacton on Sea, CO15 1HX.

Monday 2 March 3pm to 4pm

Poundland, 43-45 Pier Ave, Clacton on Sea CO15 1QE.

Wednesday 4 March 10.30am to 11.30am

Manningtree Library, High Street, Manningtree, CO11 1AD.

Thursday 5 March 10am to 11am

Morrisons Supermarket, Centenary way, Little Clacton, CO16 9SB.

Thursday 5 March 10am to 11am

The Brooklands Community Shop, 12 Brooklands Gardens, Jaywick, CO15 2JP.

Friday 6 March 10am to 11am

Lidl Supermarket, A133, Clacton on Sea, CO16 9FY.

Friday 6 March 10am to 11am

Walton Food Bank, Standley Road, Walton on Naze, CO14 8PT.

Friday 6 March 10am to 11am

The Council Offices, Victoria Place, Brightlingsea, CO7 0BP.

Saturday 7 March 10am to 4pm

Community Health and Wellbeing Day, YMCA, 55 High Street, Brightlingsea, CO7 0AQ

Saturday 7 March 10am to 11am

Asda Supermarket, Bull Hill Road, Clacton on Sea, CO15 4AU.

Monday 9 March 10am to 11am

Morrisons Supermarket, Waterglade Retail Park, Old Road, Clacton on Sea, CO15 1HX.

Monday 9 March 10am to 12pm

Walton Community forum, High Street, Walton on Naze, CO14 8AG.

Thursday 12 March 10am to 11am

CVST Harwich Hub, 276 High Street, Dovercourt, CO12 3PD.

Community Lets Talk Events

Saturday 14 March 10am to 11am
Morrisons Supermarket, Centenary way, Little Clacton, CO16 9SB.

Sunday 15 March 10am to 11am
Lidl Supermarket, A133, Clacton on Sea, CO16 9FY.

Monday 16 March 10am to 11am
McDonalds, Hartley Brook Road, Clacton on Sea, CO16 9FZ.

Monday 16 March 10am to 11am
Walton Community forum, High Street, Walton on Naze, CO14 8AG.

Tuesday 17 March 10am to 11am
Costa Coffee, Waterglade Retail Park, Next, Unit 3, Old Road, Clacton on Sea, CO15 1HX.

Tuesday 17 March 10am to 12pm
Oasis café, Frinton free church, Connaught Avenue, Frinton on Sea, CO13 9BB.

Thursday 19 March 10am to 12pm
Walton Library, 52 High Street, Walton on Naze, CO14 8AE.

Friday 20 March 10am to 12pm
Walton food bank, Standley Road, Walton on Naze, CO14 8PT.

Saturday 21 March 3pm to 4pm
Poundland, 43-45 Pier Ave, Clacton on Sea CO15 1QE.

Saturday 21 March 10am to 11am
Manningtree Market, Marketplace, Manningtree, CO11 1DJ.

Monday 23 March 10am to 11am
Morrisons Supermarket, Centenary way, Little Clacton, CO16 9SB.

Tuesday 24 March 10am to 11am
Asda Supermarket, Bull Hill Road, Clacton on Sea, CO15 4AU.

Tuesday 24 March 10am to 11am
Brightlingsea Community Centre coffee morning, Lower Park Road, CO7 OLG.

Thursday 26 March 3pm to 4pm
Sainsbury's Supermarket, Samson's Road, Brightlingsea, CO7 0RN.

Saturday 28 March 1pm to 2pm
Morrisons Supermarket, Waterglade Retail Park, Old Road, Clacton on Sea, CO15 1HX.

Monday 30 March 3pm to 4pm
McDonalds, Pier Avenue, Clacton on Sea, CO15 1QN.



Our monthly infographic offers a glimpse into the activities of Tendring officers over the past month.

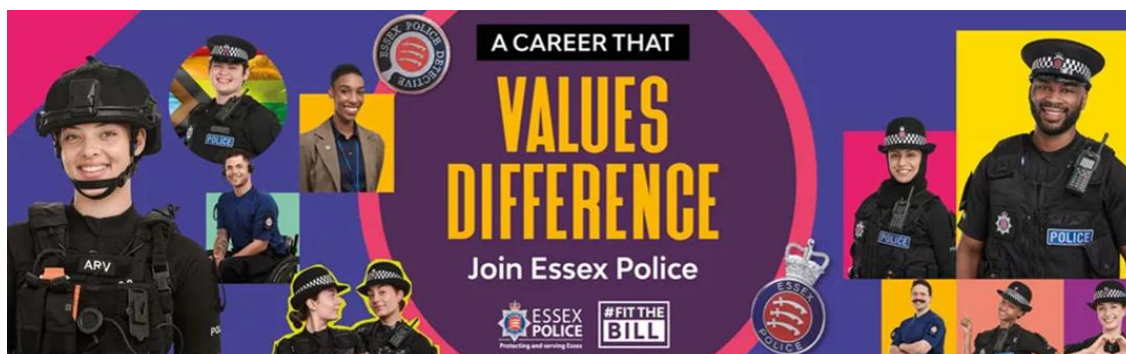
January 2026 Highlights

Our monthly infographic offers a glimpse into the activities of Tendring officers over the past month.

January 2026 Highlights:

- ◆ Located **55** missing persons and provided them with necessary support.
- ◆ Investigated **68** reports of antisocial behaviour, addressing community concerns.
- ◆ Responded to **59** road traffic collisions, ensuring safety and smooth traffic flow.
- ◆ Handled **304** domestic violence-related crimes, addressing the criminal behaviour involved while providing victims with support and connecting them to specialist services.
- ◆ Solved **112** crimes, holding offenders accountable.
- ◆ Submitted **517** intelligence reports to target criminal activities.

- ◆ Conducted **79** stop-and-search operations in the Tendring District to prevent harm.



Road Crime and Safer Essex Roads Partnership

January has been a challenging month on Essex's roads, highlighting the ongoing importance of road safety, enforcement, and community awareness. Throughout the month, Essex Police and our Safer Essex partners continued to work tirelessly to reduce harm, target dangerous driving, and engage with the public to create safer journeys for everyone. Sadly, **five people lost their lives** in traffic collisions during January, and **60 people suffered serious injuries**. Each incident serves as a stark reminder of the devastating consequences that unsafe driving can bring to families, friends, and communities.

To tackle risky behaviours, officers undertook extensive enforcement activity. This included addressing some of the most common—and preventable—causes of serious collisions:

- **141 mobile phone offences**, where drivers were caught distracted behind the wheel.
- **98 drink drive arrests** and **228 drug drive arrests**, continuing our focus on removing impaired drivers from the road.
- **167 seatbelt offences**, ensuring drivers and passengers follow this basic but lifesaving rule.

Road policing teams also seized **545 vehicles for having no insurance**, keeping uninsured and potentially unsafe vehicles off the road. In addition, **356 careless driving offences** were prosecuted, and the Roads Policing Unit made **265 total arrests** as part of wider policing activity.

Education and community engagement remain key pillars of improving long-term safety. Over **8,687 road safety educational courses** were delivered, helping drivers improve their knowledge and behaviour. Officers and partners also

issued **426 Community Speed Watch warning letters**, supporting volunteers who help monitor speeds in local communities. Meanwhile, the public played their part too, submitting **368 Extra Eyes reports**, helping identify unsafe driving through dashcam and mobile footage.

Together, these statistics tell a powerful story: enforcement alone is not enough. It takes education, partnership, and community involvement to create lasting change on our roads.

As we move into the rest of 2026, we remain committed to reducing harm, preventing tragedy, and ensuring that everyone who uses our roads gets home safely.

If you see something that puts others at risk, report it. Together, we can keep Essex moving safely.

For more information on the Safer Essex Roads Partnership, visit www.saferessexroads.org



Tendring Special Constabulary

Volunteer Police Officers Making a Real Difference Special Constables, are volunteer police officers. They have the same police powers, uniforms and equipment as regular police officers. But Special Constables volunteer their time to help people and communities across Essex. They don't get paid for their police work but they are reimbursed for expenses. This includes costs like travel. Special Constables are given training and support to prepare them to become a volunteer police officer. They develop new skills, make friends and protect those who live in, work in, study in and visit Essex.

A Special Constable is an extraordinary person. A special kind of person. For more information visit:

[Special Constabulary | Essex Police](#)

Tendring Special Constables have put in an incredible number of hours throughout January/February 2026. This infographic really tells a story, true community hero's!



Community Voluntary Services Tending

Do you enjoy meeting new people and helping in your community?

CVST are looking for volunteers to assist at our events throughout the year. No previous experience required, training and support will be given.

Visit the Volunteer Essex website for more details and to apply <https://www.volunteeressex.org/.../cvst-event-support.../>



Event Support Volunteer

CVST are looking for volunteers to assist at our events throughout the year, duties to include:

- * Help set up and pack down at events
- * Welcome visitors and give relevant leaflets
- * Support staff to ensure events run smoothly
- * Represent CVST in a friendly and professional manner



Would you like to be involved in our brand-new community allotment?

If you are friendly, enthusiastic, positive and have a love of the outdoors please get in touch.

Visit the Volunteer Essex website for more detail Is <https://www.volunteeressex.org/.../walton-community.../>



Community Allotment Volunteer (Walton)

CVST would like to build a team of volunteers to get started at this exciting BRAND NEW community allotment based in Walton.

Volunteers will give people the opportunity to benefit from physical exercise and the therapeutic advantages of growing and planting.

So if you are friendly, enthusiastic, positive and have a love of the outdoors please get in touch.



Young Person Community Drop-in – New Day & Time!

Looking for someone to talk to or just need a bit of support? The School Age Team are now running a weekly drop-in every Wednesday from 4pm–5:30pm at Coppins Hall Community Centre & Sydney House, Clacton.

No appointments, no pressure — just pop in.

Whether it's worries about school, friendships, mood, health or anything else, no subject is too big or too small. Open to all young people, including those who are home educated or finding it hard to access support.



Essex Child and Family
Wellbeing Service



Young Person Community Drop-in

Coppins Hall Community Centre & Sydney House.

Maldon Road Clacton on Sea CO16 7PA

NEW DAY & TIME Wednesdays 4.00pm – 5.30pm

(NO NEED TO BOOK JUST POP ALONG)

The School Age Team are providing a weekly drop-in that is available for **all** young people including those who may be home educated or unable to access the support they require in the school environment.

No subject too big or small.

Things you may want to chat about:

- Emotional health and wellbeing
- Managing worries, low mood, stress or anger concerns
- Bullying and friendship issues
- Improving sleep
- Nutrition support
- Physical and sexual health
- Personal hygiene
- Day and night wetting
- Managing health conditions
- Information and signposting regarding any medical conditions



Services commissioned by:



Tel: 0300 247 0015 (Mon-Fri 9am-5pm)

Crime Prevention

Going away? Keep your home safe while you're out with these simple, effective tips:

- Be mindful with social media. If you want to share updates while you're away, make sure your posts are visible to friends only—not the public.
- Use timer switches for lights or a radio to give your home a lived-in look.
- Ask a trusted neighbour to keep an eye on things or consider joining a local Neighbourhood or Resident Watch Scheme.
- If possible, ask neighbours to park their car on your driveway to make the property appear occupied.
- Don't forget to cancel any regular deliveries such as newspapers or subscriptions that could signal your absence.



For more advice on protecting your home, visit: [Protecting your home from crime | Crime prevention | Essex Police](#)

Most burglars are opportunists, looking to grab as many valuable items as they can in the shortest amount of time.

They tend to target small, high-value belongings that are easy to carry and hide. Jewellery kept in bedrooms is especially vulnerable—these items often hold deep sentimental value and are irreplaceable.

Simply placing valuables in a drawer or wardrobe isn't enough. These are the first places burglar's search.

A practical way to strengthen your security is to install a Secured by Design (SBD)-approved domestic safe. This provides an additional layer of protection and makes it far harder for thieves to access your most important possessions.

For more advice on layering your home security and protecting your valuables, visit: [Secured by Design - Home Security Advice](#)



Crime Prevention

Protect your bike from theft

If you've ever had your bike stolen, you'll know how frustrating and inconvenient it can be. These practical tips will help you keep your bike secure—and improve your chances of getting it back if the worst happens.

The two most important things to remember are: double-lock your bike and register your frame number.

Follow these 10 steps to help ensure your bike stays safe, secure and off the statistics list.

1. Double lock it

Use two high-quality locks, with at least one being a D-lock. Thieves are less likely to carry tools for different lock types, so mixing styles adds extra protection.

2. Lock the lot

Secure the frame and both wheels to a robust cycle stand.

3. Secure it tightly

Lock your bike as close to the stand as possible to limit the space thieves have to use tools.

4. Take removable parts with you

Remove items such as lights, saddles, baskets or quick-release wheels. Alternatively, use locking skewers or nuts to secure components more permanently.

5. Park smartly

Use recognised secure cycle parking that is well lit and, ideally, covered by CCTV.

6. Register it

Record your frame number on a national bike registration database approved by Secured by Design. The frame number is usually found underneath the bike between the pedals or near the rear wheel mount.

7. Mark it

Have your bike security-marked. It's a strong deterrent and helps police identify and return your bike if it's recovered.

8. Stay secure at home

Lock your bike properly at home too. Avoid advertising that you own a bike by removing roof racks when not in use and using 'privacy zones' on cycling apps like Strava to hide your home location.

9. Check ownership before buying

When purchasing a second-hand bike, request proof of ownership and check the frame number on an approved national database.

10. Act quickly if it's stolen

Report the theft online as soon as possible. Provide your frame number, registration database details, photos, and any identifying features. Update the status on the database so it's flagged as stolen.



For more information, visit: [Protect your bike from theft | Essex Police](#)

Have you signed up to Dispatch? – Our free weekly e-newsletter!

We're offering more ways for our communities to stay up to date with our work across Essex.

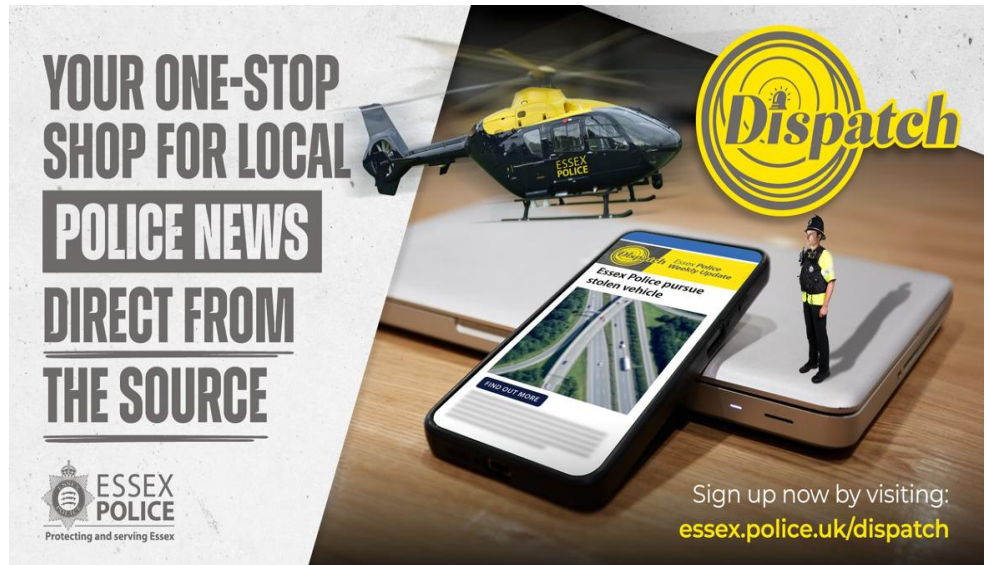
Our e-newsletter, Dispatch, delivers news, information, and advice from Essex Police. Dispatch is a 'one stop shop' for local police news – direct from the source.

Sign up is completely free and you can unsubscribe at any time. Every Monday subscribers receive an email which details work carried out across the force.

It includes news articles from our website, posts from our social media pages, crime prevention advice and more. And if you're looking for something that's more focused on where you live or work - we offer 14 district editions of Dispatch too, which are sent out every Wednesday.

Sign up today! We'd recommend the Essex edition plus the local district edition for your area – **Tendring!**

Visit: <https://www.essex.police.uk/dispatch> Or scan the QR Code!



YOUR ONE-STOP SHOP FOR LOCAL POLICE NEWS DIRECT FROM THE SOURCE

Dispatch

ESSEX POLICE
Protecting and serving Essex

Sign up now by visiting:
[essex.police.uk/dispatch](https://www.essex.police.uk/dispatch)



Scan QR Code

www.essex.police.uk/dispatch

Help Us – Help You!

Every day we answer thousands of phone calls from members of the public asking for our help. And we are dedicated to helping people, especially in an emergency.

But we are continuing to see an increase in people ringing 999 for something that isn't an emergency. Just 20% of the calls we are receiving to 999 actually need an emergency response.

So, we are asking people to think about whether they need to call 999. Or if another way of getting in contact with us would be better. By doing this, it will help make sure we are free to answer those phone calls from people who need our help the most. Calling 999 must be a last resort.

You should only use this service if you are reporting an emergency. What is an emergency?



Listed below are a few examples of emergencies when it would be necessary to call 999. This is not however an exhaustive list and common sense must prevail.

General circumstances of an incident reported to the police, when there is or likely to be:

Danger to life use, or immediate threat of use, of violence serious injury to a person and/or serious damage to property.

Criminal conduct The crime is, or likely to be serious and in progress. An offender has just been disturbed at the scene. An offender has been detained and poses, or is likely to pose a risk to other people.

WHICH OF OUR SERVICES WOULD BE BEST FOR YOU

- 1** **RIGHT SERVICE?**
UNSURE IF IT'S A POLICE ISSUE? or is another service better suited?
Find out online at: WWW.ASKTHE.POLICE.UK
- 2** **CHECK ONLINE?**
Is the information already on our website?
Check online: WWW.ESSEX.POLICE.UK
- 3** **REPORT ONLINE?**
Has a crime already happened and you want to report it?
Report online: WWW.ESSEX.POLICE.UK
- 4** **LIVE CHAT/101**
Do you want to share some information with us or speak to someone specific?
Use **LIVE CHAT**, otherwise **CALL 101**
- 5** **CALL 999**
IS IT AN EMERGENCY?
Is a crime happening right now or is life or property at risk?
CALL 999

HELP US HELP YOU

Find out more at www.essex.police.uk/HelpUsHelpYou

ESSEX POLICE
Protecting and serving Essex